








SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAILY CLINIC HRS: <u>MONDAY – FRIDAY</u> 8:30A – 2:30P <u>SATURDAY- SUNDAY</u> CLOSED	FOOD SERVICES: <u>BISTRO</u> 8:00A -7:00P <u>GROCERIES</u> 10:00A-12:00P 2:00P - 4:00P 	SYMBOL KEY: <u>B-1 LEVEL</u> G = GYM P = POOL EX = EXERCISE ROOM PVL = PARKVIEW LOUNGE PVT = PARKVIEW TERRACE A = WEST WING MEDITATION RM * = SIGN UP REQUIRED	SYMBOL KEY: TDR = TERRACE DINING ROOM PDR= PRIVATE DINING ROOM RDR= ROBERT DURHAM ROOM MER= MYRTLE EDWARDS ROOM SHUTTLE OR VAN = TRIPS HHTV = CHANNEL 370 NWCCA = NORTHWEST CENTER FOR CREATIVE AGING	SYMBOL KEY: AH = ANDERSON HALL SR = SOCIAL ROOM F = FORUM CH = CHAPEL FSL = FIRESIDE LOUNGE SL = SKY LOUNGE A = A-LEVEL, WEST WING E = E-LEVEL, WEST WING GR =GAME ROOM, WEST WING SL 2&3 = SUPPORTED LIVING	1 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 10:40 LIB BOOKMOBILE 11:00 SR/F LET'S TALK SCIENCE 1:00 GR BRIDGE LESSONS 7:30 AH ART FILM: MOZART'S SISTER (2010)	2 10:00 FSL RUMMY CUBE 10:30 SR HISTORY LECTURE REPEAT 2:00 SL CASUAL BRIDGE 7:30 AH MOVIE: NORTH BY NORTHWEST (1959)
3 9:55 SR/F SECULAR HUMANISTS PERSONHOOD: IT'S NOT WHAT YOU THINK IT IS 10:30 SHUTTLE PLYMOUTH CHURCH 1:30 SR MUSICALE 7:00 CH/F FAITH AND LIFE IRWIN SARASON MAH JONGG 2:00 GR AMERICAN 2:00 MER ASIAN	4 9 – 3 E MONDAY MARKET NO CATHOLIC COMMUNION 1:00 SL HISTORY LECTURES 2:30 CH BIBLE STUDY 7:30 AH NEIGHBORHOODS HISTORY OF MONTLAKE	5 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 9-NOON FSL PEEL TECH HELP SESSIONS 10:30 SR/F WORLD CONCERNS INTERNATIONAL CYBER SECURITY WORRIES UW DAVID AUCSMITH NO OK CHORALE REHEARSAL 6:00 AH SEATTLE PRO MUSICA 6:45 SL DUPLICATE BRIDGE	6 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 9:30 RDR JEWELER 10:00 MER CATHOLIC WORD AND COMMUNION 10:30 CH ASH WEDNESDAY SERVICE 10:30 SR/F HOW TO RIDE THE BUS 2:00 GR POKER 2:30 B2 SEWING FOR HOMELESSNESS 3:30 SL BEING HUMAN 6:30 SHUTTLE MEANY HALL 7:30 AH WEDNESDAY NITE LIVE: LAURA DELUCA – TANGO	7 10&11 PVL SCRABBLE 9-NOON FSL PEEL TECH HELP SESSIONS 10:30 CH PROTESTANT WORSHIP SERVICE 1:00 CH MENS GROUP 3:00 SR/F GREAT STORIES 4:00 PDR HAPPY HOUR 7:30 AH ALBERT KAHN LECTURE	8 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 1:00 GR BRIDGE LESSONS 7:30 AH ART FILM: THE QUIET AMERICAN (2002)	9 8:00 URBAN WALK 10:00 FSL RUMMY CUBE 10:30 SR HISTORY LECTURES REPEAT 2:00 SL CASUAL BRIDGE 7:30 AH MOVIE: THE BOOK CLUB (2018)
10 10:30 SHUTTLE PLYMOUTH CHURCH 1:30 SR MUSICALE MAH JONGG 2:00 GR AMERICAN 2:00 MER ASIAN 	11 9 - 3 E MONDAY MARKET 10:30 RDR CATHOLIC COMMUNION 10:30 SL2 HYMN SING WITH SHARON 1:00 SL HISTORY LECTURES 2:30 CH BIBLE STUDY 7:30 AH NEIGHBORHOODS MONTLAKE PRESERVING GREEN SPACES	12 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 9-NOON FSL PEEL TECH HELP SESSIONS 11:00 SL WISDOM POETRY DISCUSSION GROUP 2:30 SL OK CHORALE REHEARSAL 5:00 FSL DOMINOES 6:45 GR DUPLICATE BRIDGE 7:00 B-2 PROFESSIONAL SEWING & ALTERATIONS 7:30 AH NATIONAL CONCERNS SUICIDE PREVENTION MARGARET WEST	13 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 11:00 SR LET'S TALK 11:30 SL STROKE SUPPORT GRP 1:00 CH/F HELP FOR BASIC BRIDGE 1:00 SHUTTLE REP 2:00 GR POKER 2:30 B2 SEWING FOR HOMELESSNESS 7:30 AH WEDNESDAY NIGHT LIVE: PEARL DJANGO - JAZZ	14 10 & 11 PVL SCRABBLE 9-NOON FSL PEEL TECH HELP SESSIONS 10:30 CH EPISCOPAL COMMUNION 12:00 MER CARING FOR CARE PARTNERS 1:00 GR HELP FOR BASIC BRIDGE 1:30 AH ART LECTURE: BARBARA BROTHERTON, SAM CURATOR NATIVE AMERICAN ART - JEFFREY GIBSON 3:45 CH CHAPEL/VESPER CHOIR 4:00 PDR HAPPY HOUR 7:30 AH SPOTLIGHT ON SEATTLE HISTORIC THEATERS	15 9, 10, 10:30, 11, 1, 1:50 GROCERY VAN 11:00 SR/F LET'S TALK SCIENCE 1:00 SL HELP FOR BASIC BRIDGE 1:00 GR BRIDGE LESSONS 1:00 AH READER'S THEATER PERFORMANCE 7:30 AH ART FILM: MONTY PYTHON AND THE HOLY GRAIL (1974)	16 10:00 FSL RUMMY CUBE 10:30 SR HISTORY LECTURE REPEAT 2:00 SL CASUAL BRIDGE 7:30 AH MOVIE: LEGAL EAGLES (1986)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>17</p> <p>9:55 SR/F SECULAR HUMANISTS GORDON ORIANS: THE WORLD INTO WHICH DARWIN LED US</p> <p>10:30 SHUTTLE PLYMOUTH CHURCH</p> <p>1:30 SR MUSICALE</p> <p>2:00 SHUTTLE MYSTERY RIDE</p> <p>MAH JONGG</p> <p>2:00 GR AMERICAN</p> <p>2:00 MER ASIAN</p>	<p>18</p> <p>9 - 3 E MONDAY MARKET</p> <p>10:30 RDR CATHOLIC COMMUNION</p> <p>10:30 SR/F LEAGUE OF WOMEN VOTERS PLYMOUTH HOUSING: SINGLE ADULTS GET HELP</p> <p>1:00 SL HISTORY LECTURES</p> <p>2:30 CH BIBLE STUDY</p> <p>7:30 AH NEIGHBORHOODS MONTLAKE NOW</p>	<p>19</p> <p>9, 10, 10:30, 11, 1, 1:50 GROCERY VAN</p> <p>9-NOON FSL PEEL TECH HELP SESSIONS</p> <p>10:30 SR/F WORLD CONCERNS EYEWITNESS REPORT ON PLOLAND CLIMATE MEETING AND UPDATES ON UN BRUCE KNOTTS</p> <p>2:00 AH LIVE RESIDENTS' COUNCIL</p> <p>2:30 SL OK CHORALE REHEARSAL</p> <p>6:45 GR DUPLICATE BRIDGE</p> <p>7:30 SR/F NWCCA: YESHODARA MENON FISHER, ART HISTORIAN & CREATIVE WRITER</p>	<p>20</p> <p>9, 10, 10:30, 11, 1, 1:50 GROCERY VAN</p> <p>10:00 F ALL THINGS MACINTOSH & FRIENDS</p> <p>2:00 GR POKER</p> <p>2:30 B2 SEWING FOR HOMELESSNESS</p> <p>3:30 SR BEING HUMAN</p> <p>4:00 SL BIRTHDAY & ANNIVERSARY SOCIAL</p> <p>7:30 AH ETHNIC AWARENESS: SABINA NEEM</p>	<p>21</p> <p>10 & 11 PVL SCRABBLE</p> <p>9-NOON FSL PEEL TECH HELP SESSIONS</p> <p>10:30 CH PROTESTANT WORSHIP SERVICE</p> <p>1:00 CH MENS GROUP</p> <p>3:00 SR/F GREAT STORIES</p> <p>4:00 PDR HAPPY HOUR</p> <p>7:30 AH NATIONAL CONCERNS CRIME AND PUNISHMENT ANNE PEIHL</p>	<p>22</p> <p>9, 10, 10:30, 11, 1, 1:50 GROCERY VAN</p> <p>1:00 GR BRIDGE LESSONS</p> <p>2:00 SR DISCUSSIONS WITH JOHN WILSON</p> <p>3:00 AH ANNUAL BOARD OF TRUSTEES MEETING</p> <p>7:30 AH ART FILM: SWEET EMMA, DEAR BOBE (1992)</p>	<p>23</p> <p>10:00 FSL RUMMY CUBE</p> <p>10:30 SR HISTORY LECTURE REPEAT</p> <p>2:00 GR CASUAL BRIDGE</p> <p>7:30 AH MOVIE: COLLETTE (2018)</p>
<p>24</p> <p>10:30 SHUTTLE PLYMOUTH CHURCH</p> <p>NO MUSICALE</p> <p>2:00 AH PIATIGORSKY FOUNDATION</p> <p>MAH JONGG</p> <p>2:00 GR AMERICAN</p> <p>2:00 MER ASIAN</p>	<p>25</p> <p>9 - 3 E MONDAY MARKET</p> <p>10:30 RDR CATHOLIC COMMUNION</p> <p>1:00 SL HISTORY LECTURES</p> <p>1:30 SR/F PARKINSON SUPPORT GROUP</p> <p>2:30 CH BIBLE STUDY</p> <p>7:30 AH NEIGHBORHOODS RAMPS TO NOWHERE (FILM)</p>	<p>26</p> <p>9, 10, 10:30, 11, 1, 1:50 GROCERY VAN</p> <p>9-NOON FSL PEEL TECH HELP SESSIONS</p> <p>11:00 SL WISDOM POETRY DISCUSSION GROUP</p> <p>2:00 AH UW BUSINESS SCHOOL</p> <p>2:30 SL OK CHORALE REHEARSAL</p> <p>3:00 B-2 RESIDENT SEWING HELP OPEN HOURS</p> <p>6:45 GR DUPLICATE BRIDGE</p> <p>7:30 AH NORDIC MUSEUM PRESENTATION</p>	<p>27</p> <p>10:00 VAN COSTCO</p> <p>10:00 CH TRANSITIONS, LOSS AND GRIEF GROUP</p> <p>11:00 SR LET'S TALK</p> <p>11:00 SL QUAKER GROUP</p> <p>1:00 VAN MET MARKET & WHOLE FOODS</p> <p>2:00 GR POKER</p> <p>2:00 AH KING FM</p> <p>2:30 B2 SEWING ROOM HOMELESS SEWING PROJECT</p> <p>7:30 AH WEDNESDAY NITE LIVE: DAVID HORTON - PAINO ERIN CALATA - MEZZA SOPRANO</p>	<p>28</p> <p>TBD ART TRIP</p> <p>9-NOON FSL PEEL TECH HELP SESSIONS</p> <p>10&11 PVL SCRABBLE</p> <p>10:00 PVL YOUR CLOTHING SOLUTIONS</p> <p>10:30 CH PROTESTANT WORSHIP SERVICE</p> <p>2:00 SL PC USERS CLASSES</p> <p>3:45 CH CHAPEL/VESPER CHOIR</p> <p>4:00 PDR HAPPY HOUR</p> <p>7:00 RDR CAREGIVER SUPPORT GROUP</p> <p>7:30 AH PIANO & VOCAL RECITAL</p>	<p>29</p> <p>9, 10, 10:30, 11, 1, 1:50 GROCERY VAN</p> <p>10:00 AH FIRESIDE CHAT</p> <p>1:00 GR BRIDGE LESSONS</p> <p>2:45 SL3 FIRESIDE CHAT SUPPORTED LIVING</p> <p>7:30 AH ART FILM: TANGERINES (2013)</p>	<p>30</p> <p>10:00 FSL RUMMY CUBE</p> <p>10:30 SR HISTORY LECTURE REPEAT</p> <p>2:00 SL CASUAL BRIDGE</p> <p>7:30 AH MOVIE: WONDER WOMAN (2017)</p>
<p>31</p> <p>9:55 SR/F SECULAR HUMANISTS GORDON ORIANS: FROM BACTERIA TO BACH AND BACK</p> <p>10:30 SHUTTLE PLYMOUTH CHURCH</p> <p>1:30 SR MUSICALE</p> <p>MAH JONGG</p> <p>2:00 GR AMERICAN</p> <p>2:00 MER ASIAN</p> <p>7:00 CH/F VESPER SERVICE REV. AMY HITCHINS</p>	 <p>Change your CLOCKS and BATTERIES!</p> <p>smoke alarm</p> <p>SUNDAY, MARCH 10</p>	 <p>HAPPY St. Patrick's DAY</p>	 <p>MARCH MADNESS</p>		 <p>ASH WEDNESDAY</p>	